



# Krieser Chiropractic

## Family Wellness Center

### New Patient History Form

Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

#### **PATIENT INFORMATION**

**CONFIDENTIAL**

*Thank you for the opportunity to serve you. If you have any questions, do not hesitate to ask. We will be happy to help.*

Name \_\_\_\_\_ DOB: \_\_\_\_\_ S/S \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
First MI Last

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please check your preferred method of contact. Is it Ok to leave a message on the preferred number  Yes  No

Home Phone \_\_\_\_\_  Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_  e-mail address: \_\_\_\_\_

Would you like to receive appointment reminders?  NO  YES Preferred Method:  Phone call  Text  E-mail

Height \_\_\_\_\_ Weight \_\_\_\_\_ Last known Blood Pressure: \_\_\_\_\_ (Unsure? We can take a reading today)

Do you smoke:  No  Yes (If yes how often \_\_\_\_\_) If you quit: Start date: \_\_\_\_\_ End Date: \_\_\_\_\_

**Sex:**  Female  Male **Status:**  Minor  Married  Single  Other: \_\_\_\_\_

Ethnicity/Race: \_\_\_\_\_ Employed:  Full-Time  Part-Time  Student

Your Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Business Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Whom may we thank for referring you to us? \_\_\_\_\_

Person to contact in case of an emergency \_\_\_\_\_ Phone \_\_\_\_\_

#### **HEALTH HISTORY**

Past	Present	Past	Present	Past	Present
____	____	____	____	____	____
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Have **YOU** (X) or **A FAMILY MEMBER** (F) ever been diagnosed with any of the following conditions:

\_\_\_\_ Heart Disease \_\_\_\_ Cancer \_\_\_\_ Diabetes \_\_\_\_ High Blood Pressure \_\_\_\_ Stroke

\_\_\_\_ Blood clotting disorder \_\_\_\_ Hepatitis \_\_\_\_ Other \_\_\_\_\_

Rate your stress level: \_\_\_\_ Little or No Stress \_\_\_\_ Minimal Stress \_\_\_\_ Moderate Stress \_\_\_\_ Highly Stressed

**Continued on back...**

Do you have any other health concerns or goals that you would like to address? Yes/No If yes, please explain:

\_\_\_\_\_

\_\_\_\_\_

**PLEASE LIST YOUR CURRENT AREAS OF COMPLAINT:**

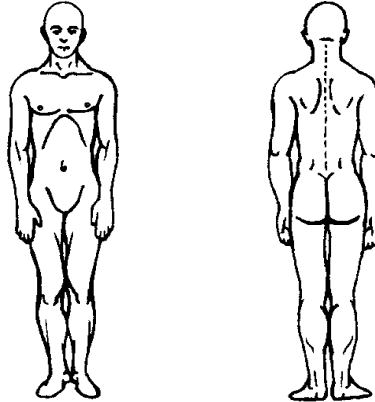
(chief complaint)

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_ 4) \_\_\_\_\_  
0 1 2 3 4 5 6 7 8 9 10      0 1 2 3 4 5 6 7 8 9 10      0 1 2 3 4 5 6 7 8 9 10      0 1 2 3 4 5 6 7 8 9 10

**CIRCLE THE NUMBER THAT BEST DESCRIBES THE INTENSITY OF YOUR PAIN: 1 = Mild, 10 = Severe**

**PLEASE MARK YOUR AREAS OF COMPLAINT ON THE BODY DIAGRAM USING THE FOLLOWING KEY:**

- Dull = D
- Aching = A
- Stiffness = S
- Burning = B
- Tingling = T
- Numbness = N
- Sharp = !!!
- Shooting = XXX
- Other \_\_\_\_\_ = \*\*\*



When did your symptoms begin? \_\_\_\_\_ How did your symptoms begin? \_\_\_\_\_

Is your condition changing?  No Change  Getting Better  Getting Worse

When are your symptoms worse?  Morning  Afternoon  Evening

Increase during the day  Improve during the day  Same All Day

Does anything provide relief? \_\_\_\_\_

What activities are difficult to perform? Sitting Standing Walking Bending Lying Down Other: \_\_\_\_\_

How often do you notice your symptoms? (please indicate one)

Constantly (76-100% of the day)  Frequently (51-75%)  Occasionally (26-50%)  Intermittently (0-25%)

How much does pain interfere with your normal work? (Work and home)

Not at all      A little bit      Moderately      Quite a bit      Extremely

How much of the time has your condition interfered with social activities?

All of the time      Most of the time      Some of the time      A little of the time      None of the time

Have you had this problem before? No Yes When? \_\_\_\_\_

What treatment did you receive?  None  Chiropractic  Medical  Physical Therapy  Massage  Other \_\_\_\_\_

How would you rate your overall health?  Excellent  Very Good  Good  Fair  Poor

Have you ever visited a Chiropractor before? No Yes How was your experience? \_\_\_\_\_

I am currently taking the following medications for the following reasons (include dosage if known):

\_\_\_\_\_

\_\_\_\_\_

List Allergies: \_\_\_\_\_

Surgical History: \_\_\_\_\_

For Women Only: Is there a possibility that you may be pregnant? No Yes

Which best describes your health goals: pain relief only      correct entire problem      wellness/ preventative care

DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

SIGNATURE: \_\_\_\_\_

PARENT/ GUARDIAN: \_\_\_\_\_